Program

Tuesday 4th of June

15:00-15:15  Welcome by the Director and the committee
15:15-16:00  Pluvia: A spin-off company that is developing specific therapies resulting from long-term basic research
             *Aurora Martinez (UiB/Pluvia)*
16:00-16:15  Break w/snacks
16:15-17:00  Research-based innovation: How to navigate through the innovation ecosystem in Norway
             *Anne-Sophie Schillinger (VIS Innovation)*
17:00-19:00  Ice breaker - get to know each other!
19:30        Dinner

Wednesday 5th of June

07:00-09:30  Breakfast
09:30-10:30  Introduction: How to get the job you want
             *Sverre Haugen (MeyerHaugen)*
10:30-12:00  Parallell workshop sessions
             Group 1: CV-workshop (*Sverre Haugen*)
             Group 2: Cultivating an innovation mindset (*VIS Innovation*)
12:00-13:00  Lunch
13:00-14:30  Parallell workshop sessions
             Group 2: CV-workshop (*Sverre Haugen*)
             Group 1: Cultivating an innovation mindset (*VIS Innovation*)
14:30-14:45  Break
14:45-15:30  Be of influence or be influenced? How can we use social platforms in communication of research?
             *Hilde Zwaig Kolstad (DLN/UiO)*
15:30-15:45  Break w/ snacks
15:45-16:15  About Centre for Digital Life Norway – activities and opportunities
             *Rune Kleppe (DLN/UiB)*
17:00-19:00  Outdoor activities
19:30        Dinner (+ image competition winner, pub quiz)

Thursday 6th of June

07:00-09:30  Breakfast & check-out
09:30-10:30  Mental health – what is it, and how to take care of it?
             *Jan-Martin Berge (PsykologBerge)*
10:30-10:45  Break
10:45-11:45  Mastering stress and pressure, and seeking a good work-life balance
             *Jan-Martin Berge (PsykologBerge)*
11:45-13:00  Lunch
13:00-13:45  Kahoot: What have you learned during the conference?
13:45-14:00  Wrap-up
14:30        Boat departure